

Steady™

Grounding Blend 10 ml Roll-on

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil

Aromatic Description: Piney, fruity, soft woody

PRIMARY BENEFITS

- Supports efforts to have a calm and balanced mood
- Promotes a whole-body sense of relaxation
- Helps focus your mind on what is most important

Steady™

Grounding Blend 10 ml Roll-on

Part Number: 60208300

Also available in:

dōTERRA Kids Collection

Part Number: 60208722

PRODUCT DESCRIPTION

Perfect for daily use or as needed, Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that can help promote feelings of relaxation and calm. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended with Fractionated Coconut Oil to deliver a calming effect perfect for all skin types. Amyris and Balsam Fir are warm wood oils that promote feelings of reassurance. When feeling overwhelmed, roll Steady onto the back of your neck or wrists and take a deep breath, allowing your mood to find balance. Soothing to the skin and uplifting, Steady is a great every day blend.

USES

- Calming to the skin and emotions, Steady can be used during times of distress to quiet the mind and soothe the body.
- Use Steady to promote feelings of tranquility throughout the day.
- Apply to the back of the neck or bottoms of the feet after an event-filled day to boost feelings of balance.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

